

Convergence Insufficiency Symptoms Questionnaire

Please answer the following questions about how your eyes feel when reading or doing close work.

	Never	Infrequently	Sometimes	Fairly Often	Always
Do your eyes feel tired when reading, using a computer or doing close work?					
Do your eyes feel uncomfortable when reading, using a computer or doing close work?					
Do you have headaches when reading, using a computer or doing close work?					
Do you feel sleepy when reading, using a computer or doing close work?					
Do you lose concentration when reading, using a computer or doing close work?					
Do you have trouble remembering what you have read?					
Do you have double vision when reading, using a computer or doing close work?					
Do you see the words move, jump, swim, or appear to float on the page when reading, using a computer or doing close work?					
Do you feel like you read slowly?					
Do your eyes ever hurt when reading, using a computer or doing close work?					
Do your eyes ever feel sore when reading, using a computer or doing close work?					
Do you feel a "pulling" feeling when reading, using a computer or doing close work?					
Do you notice the words blurring or coming in and out of focus when reading, using a computer or doing close work?					
Do you lose your place while when reading, using a computer or doing close work?					
Do you have to re-read the same line of words when reading?					
Total X's in each column	<i>x0</i>	<i>x1</i>	<i>x2</i>	<i>x3</i>	<i>x4</i>

Add up the number of ticks in each column, and then multiply each column total by the multiplication factor for that column. (*Given on bottom row.*) Add these totals together for you final score.

A score of 16 or higher for 9-18 year olds, and 21 or higher for 19-30 year olds signifies a convergence insufficiency and that vision therapy is indicated.

The predictability of this system questionnaire has not been documented for the subjects less than nine years of age.